

FREQUENTLY ASKED QUESTIONS

Q. Do I need someone to remain with me at the facility when I have my procedure?

A. You must have a responsible driving adult bring you to your appointment, stay during your procedure and then drive you home afterwards. This is the policy of the facility. Your procedure will be cancelled if you do not have a driver.

Q. How long will my procedure take?

A. An EGD takes approximately 15 minutes, a colonoscopy 30 minutes. If you are having both procedures, it will take approximately 45 minutes. Your total time at the facility from arrival to discharge is approximately 2 ½ to 3 hours.

Q. Why can't I drive myself home?

A. You are considered legally impaired due to the sedation you receive during your procedure. Your reflexes are affected by the sedation.

Q. Is public transportation allowed?

A. Public transportation is allowed only if another responsible adult (18 years or older) is with you.

Q. Do I need to bring my driver's license and insurance cards with me?

A. Yes. The facility will need to make a copy of your insurance cards and picture ID.

Q. Why do I have to arrive 60 minutes prior to my procedure?

A. This time is needed for the endoscopy nurses to prepare you for your procedure. An IV will be started before your procedure. You will be introduced to the anesthesiologist and physician performing your procedure.

Q. Will my procedure be covered by my insurance?

A. You will want to contact your insurance company by calling the customer service number on the back of your insurance card. We will provide you with the procedure code and diagnosis code for you to verify your coverage. We will do our best to schedule you at a facility that participates with your insurance. However, it is the responsibility of the patient to know what your insurance benefits are. If you have Medicare, you can refer to your "Medicare and You" handbook or go to Medicare.gov/publications. An ABN (Advance Beneficiary Notice of Noncoverage) may be required for your procedure. If so, we will have you sign that form prior to the date of service.

If a referral is required from your primary care or referring provider, you will want to make sure that is in place prior to any services being done. If an authorization is required, we will obtain that 2 weeks prior to the scheduled date of procedure. Humana Military and VA patients must obtain their own auth for the procedure.

Q. Who do I call if I need to cancel or reschedule my procedure?

A. Call 517-332-1200. Our offices will be implementing a new policy as of 2/1/2020 for rescheduling and canceling your procedures. We will now be charging a fee for any **rescheduling** by the patient for a procedure more than 3 days after being booked. The following fees will apply: **1st** reschedule is \$25 **2nd** reschedule is \$50 **3rd** After 3 reschedules you will be required to schedule an office visit or be referred back to your referring physician. If you **cancel** your procedure for any reason within **5 business days** of the scheduled procedure, a \$100 fee will be assessed to your account.

Q. Who do I call if I have questions regarding my colon prep?

A. Please refer to your prep packet or the videos on our web site www.michigangastro.com for the answers.

Q. Can I have my procedure if I have a latex allergy?

A. If you have a respiratory reaction your procedure must be at a hospital.

Q: Can I have an EGD if I have a sore throat?

A: Generally, yes, but call the office Monday-Friday 8:30-4:30 if you have questions or concerns.

Q: Can I have my procedure if I have a cold or fever?

A: Yes, please inform the facility nurse if your temperature is greater than 100 degrees, experiencing any chest congestion or difficulty breathing.

Q. Will I sleep during my procedure?

A. Anesthesia will be administered through your IV. You will sleep during your procedure.

Q. Can I drink cola on the day before my procedure?

A. Yes, you can drink clear soft drinks such as Coke, Pepsi, 7UP, Ginger ale or Vernors. Avoid Squirt because it is cloudy. Diet sodas are also allowed.

Q. Are popsicles and Jello considered clear liquids?

A. Yes. We ask that you avoid anything red, blue or purple in color.

Q. Can I drink orange or cranberry juice?

A. No. Orange juice is not a clear liquid and cranberry juice is usually red.

Q: Can I drink coffee?

A: Yes, the day prior to the procedure with sugar or powdered dairy creamer. No liquid dairy creamer. No coffee or creamers the day of procedure.

Q. Can I drink cherry flavored magnesium citrate?

A. No. Please purchase clear-colored magnesium citrate (citrus or lemon-lime flavor) is okay.

Q. Can I drink cherry-flavored oral electrolyte bowel prep?

A. Yes. Your prescription may be for GoLytely, NuLytely or Suprep. These are different brand names for the same medication. Some come with flavor packets. You can choose any flavor that is provided with your prep. Follow the instructions provided by this office. You may also mix your prep with flavored Gatorade or Propel if it is not red, blue or purple in color.

Q. Can I drink flavors of Ensure, Boost or Glucerna?

A. You can drink vanilla or butter pecan and be Lactose Free. Avoid chocolate and strawberry. You can have up to 3 on the day prior to your procedure only.

Q. Can I drink Slim Fast?

A. No, Slim Fast is a dietary drink. We prefer Ensure, Boost or Glucerna during the time of preparation.

Q. Will I have any pain after my procedure?

A. You may have some gas or mild cramping after your colonoscopy. It should subside in a few hours.

Q. I did not get a prescription for my bowel prep.

A. Please review your instruction pamphlet. Miralax does not require a prescription. Nulytely, Golytely, Suprep, and Clenpiq require prescriptions. Please check with your pharmacy and if no prescription was received from our office, please call 517-332-1200 Monday through Friday 8:30-4:30, and leave a message including your pharmacy name, location and phone number and we will contact them to verify your prescription.

Q. If irritation occurs from frequent stools caused by laxative prep, what can I use?

A. Please purchase over the counter Desitin or A&D ointment. Please avoid Vaseline.

Q. What if I vomit while drinking my prep?

A. Try drinking warm water or a clear liquid. Try sucking on a mint candy or popsicle. It may be necessary to repeat the prep if there is no laxative effect within 3 hours. If you are still unable to tolerate the prep, call the office or answering service if it is after hours at 517-332-1200 for MGI and 517-372-0500 option 2 for Capitol Colorectal Surgery.

Q. What if I take my colon prep and it doesn't work?

A. If there is no laxative effect with 3 hours, follow up with a bottle of magnesium citrate (purchased over the counter in the laxative aisle). **If you have kidney or cardiac disease or failure, please do not take magnesium citrate. You will need to purchase 2 Fleet enemas over the counter.** If this does not work, please contact the office or answering service at 517-332-1200 for MGI and 517-372-0500 option 2 for Capitol Colorectal Surgery.

Q; Any helpful suggestion to drinking the colon prep?

A: Chill the prep prior to drinking. Try drinking the prep through a straw. Suck on hard candy such as peppermints or jolly ranchers (no red, blue or purple). You may also have a popsicle (no red, blue or purple).

Q: Can I take daily diuretics on the day of my procedure?

A: Do not take diuretic pills on the day of your procedure.

Q: Can I use my inhaler the day of the procedure?

A: Yes. Bring your rescue inhalers with you to the facility as well.

Q: Do I need to reschedule my procedure if I am on my period?

A: No Using tampons during the procedure is preferred.

Q: Can I eat something if my blood sugar starts to drop while I'm on the clear-liquid diet?

A. No. The day prior to your procedure drink Ensure or Boost, clear juice or suck on hard candy or glucose tablets. The day of the procedure drink clear juice only or use glucose tablets. No Ensure or Boost the day of your procedure.

Q: Do I follow the instructions provided with prescription from pharmacy?

A: No. You should follow the instructions that were provided by our office.

If you have further questions about preparation for your procedure, please call our office and use option #0 or go to our website www.michingangastro.com. We strive to give you the most positive experience possible.